

HEALTH CARE SERVICES AT AMICA ON THE AVENUE

Our senior lifestyles residence has been thoughtfully designed to provide seniors with everything they need today and in the years to come. Our professional care and support staff are available around the clock. Residents can live independently, secure in the knowledge they will always have the support and care they need. Should residents need additional support with daily living, our Assisted Living suites have a wellness team on the same floor. If lifestyle needs change, we adapt to meet them, so our residents don't have to worry about moving again. If they are in need of extra care, we offer respite, short term, and convalescent stays, based on availability, with professional support available 24/7.

Amica On The Avenue offers:

- Three meals a day, plus snacks
- Weekly housekeeping and flat-linen laundry
- Dedicated transportation for scheduled shopping or excursions
- Premium amenities and engaging activities
- 24-hour emergency response system with personal pendants

Flexible care and support services are available, including:

- Assistance with bath or shower
- Assistance with dressing and grooming
- Medication management
- Wound care

Our residence is an ideal pay alternative to Long Term Care, including Assistance with Daily Living. We offer assistance up to end of life care.

Please reference the chart on reverse side for a full list of our care services, whether for a permanent lifestyle or temporary respite care.

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Health Care Service	Availability	Notes
Catheter	✓	LHIN must agree to change internal catheter as needed
Dementia Care	✓	There is not a secure floor, and some behaviours (i.e. exit-seeking, aggression) may not be accommodated. Assessment will be require
Diabetes Care	✓	For non-sliding scale diabetics. We will assist with dietary recommendations as needed
Diets	✓	We recognize special diets/allergies and offer soft, minced, and pureed foods as needed
Dialysis	✓	Resident or family member must make appointment and arrange transportation or escort if needed
Feeding Tubes	✓	
Incontinence Care	✓	Provided as part of flexible care and support services
Lab Services	✓	Twice weekly for blood and daily for urine samples
Medication Management	✓	We will order/administer if needed
Ostomy Care	✓	
Oxygen	✓	Including CPAP and BIPAP
Physician	✓	Visiting house physician
Private Duty Assistance	✓	All caregivers are welcome, but must adhere to house policy and procedures
Respirator		
Safety & Security	✓	Nurse and Wellness Team available 24/7, and a 24-hour emergency response system with personal pendants
Scooters	✓	Parking and charging available
Support Services	✓	We can connect you with additional community support and offer visiting specialists' services if needed
Mobility Assistance	✓	Scooters, wheelchairs, walkers, and canes all welcome
Weight Bearing	✓	2-person transfers and Hoyer lift supports
Wound Care	✓	Stage 1 and 2 wound care

For each resident we develop a Personalized Wellness Plan so they can take advantage of all that Amica has to offer. Together we build a customized plan based on social, intellectual, physical, care and support needs to ensure each resident is always getting the most from life at Amica.