

BREAKFAST MENU

All dishes served with your choice of juice, coffee or tea

CONTINENTAL BREAKFAST

Assorted freshly baked muffins, croissants and Danish pastries, yogurt, fruit salad

TRADITIONAL TWO-EGG BREAKFAST

With your choice of crispy bacon, sausage or ham

AMICA BREAKFAST SANDWICH

Fried egg, sliced tomato, ham and cheddar cheese on a toasted English muffin

BUTTERMILK PANCAKES

Plain or with blueberries or banana served with maple syrup

VANILLA WAFFLES

Served with maple syrup, bacon or fruit

ASSORTED COLD CEREALS

OATMEAL PORRIDGE

CREAM OF WHEAT

BAGEL AND CREAM CHEESE

CHOICE OF YOGURTS

TOAST

Choose from whole wheat, white, multi-grain or rye bread

AMICA

SENIOR LIFESTYLES

LUNCH MENU

TODAY'S SPECIALS

LEMON HERBED CHICKEN & BARLEY SOUP

Homemade soup with chunks of chicken, barley and fresh vegetables

PRAWN COBB SALAD WITH HONEY DIJON DRESSING

Served with homemade bacon bits, boiled egg and candied pecan nuts

PULLED PORK FLATBREAD

Served with sweet potato fries or salad

AVAILABLE DAILY

MEDITERRANEAN SALAD

Tomato, artichoke, cucumber, olives, bell peppers, red onion, green beans, potato and feta cheese tossed with an oregano vinaigrette

AMICA HOUSE SALAD

Mixed greens with choice of dressing

CAESAR SALAD

Romaine lettuce tossed in a homemade roasted garlic dressing, topped with bacon, croutons and Asiago cheese

DELUXE HAMBURGER

Ground sirloin beef patty with choice of cheddar or Swiss cheese and bacon, served on a Kaiser bun with French fries

CHOICE OF SANDWICHES

Egg salad, tuna salad, ham and cheese, clubhouse served on choice of: whole wheat, white, multi-grain or rye bread

AMICA

SENIOR LIFESTYLES

DINNER MENU

TO START YOUR MEAL

Choice of freshly made soup, mixed greens or Caesar salad

TODAY'S SPECIALS

All entrées served with red skin mash potatoes, asparagus and baby carrots

ROAST BEEF TENDERLOIN

Served with Béarnaise sauce

PAN SEARED RAINBOW TROUT

Served with rosemary, lemon and garlic sauce

AVAILABLE DAILY

PENNE PASTA BOLOGNESE

Penne pasta tossed in a classic Italian meat sauce topped with Asiago cheese and served with garlic bread

GRILLED FRESH ATLANTIC SALMON FILET

Served with potato and fresh vegetables

B.B.Q. CHICKEN LEG

Served with French fries or baked potato and fresh vegetables

DELUXE HAMBURGER

Ground sirloin beef patty with choice of cheddar or Swiss cheese and bacon, served on a Kaiser bun with French fries

CHOICE OF SANDWICHES

Egg salad, tuna salad, ham and cheese, clubhouse served on choice of: whole wheat, white, multi-grain or rye bread

AMICA

SENIOR LIFESTYLES

DESSERT CHOICES

CRÈME BRULE

Made from scratch in our kitchen

RASPBERRY MANDARIN TRIFLE

Served with a dollop of fresh whip cream

BREAD PUDDING

Served with a vanilla fruit sauce

ASSORTED FRUIT SORBETS AND ICE CREAM

ASSORTED FRESH BAKED COOKIES

FRESH FRUIT SALAD

AMICA

SENIOR LIFESTYLES