

# BREAKFAST MENU

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All dishes served with your choice of juice, coffee or tea

## CONTINENTAL BREAKFAST

Assorted freshly baked muffins, croissants and Danish pastries, yogurt, fruit salad

## TRADITIONAL TWO-EGG BREAKFAST

With your choice of crispy bacon, sausage or ham

## AMICA BREAKFAST SANDWICH

Fried egg, sliced tomato, ham and cheddar cheese on a toasted English muffin

## BUTTERMILK PANCAKE

Plain or with blueberries or banana served with maple syrup

## VANILLA WAFFLES

Served with maple syrup, bacon or fruit

## ASSORTED COLD CEREALS

OATMEAL PORRIDGE

CREAM OF WHEAT

BAGEL AND CREAM CHEESE

CHOICE OF YOGURTS

TOAST

Choose from whole wheat, white, multi-grain or rye bread

# AMICA

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SENIOR LIFESTYLES

# LUNCH MENU

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Today's Specials

## CHICKEN VEGETABLE SOUP

Homemade soup with chunks of chicken and fresh vegetables

## CITRUS SPINACH SALAD WITH GRILLED CHICKEN BREAST

Served with candied pecan nuts and orange segments

## PRIME RIB FRENCH DIP AU JUS

Served with sweet potato fries or salad

Available Daily

## MEDITERRANEAN SALAD

Tomato, artichoke, cucumber, olives, bell peppers, red onion, green beans, potato and feta cheese tossed with an oregano vinaigrette

## AMICA HOUSE SALAD

Mixed greens with choice of dressing

## CAESAR SALAD

Romaine lettuce tossed in a homemade roasted garlic dressing, topped with bacon, croutons and Asiago cheese

## DELUXE HAMBURGER

Ground sirloin beef patty with choice of cheddar or Swiss cheese and bacon, served on a Kaiser bun with French fries

## CHOICE OF SANDWICHES

Egg salad, tuna salad, ham and cheese, clubhouse served on choice of: whole wheat, white, multi-grain or rye bread

# AMICA

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SENIOR LIFESTYLES

# DINNER MENU

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## TO START YOUR MEAL

Choice of freshly made soup, mixed greens or Caesar salad

## Today's Specials

All entrées served with red skin mash potatoes, asparagus and baby carrots

## ROAST BEEF TENDERLOIN

Served with Béarnaise sauce

## PAN SEARED RAINBOW TROUT

Served with rosemary, lemon and garlic sauce

Available Daily

## PENNE PASTA BOLOGNESE

Penne pasta tossed in a classic Italian meat sauce topped with Asiago cheese and served with garlic bread

## GRILLED FRESH PACIFIC SALMON FILET

Served with potato and fresh vegetables

## B.B.Q. CHICKEN LEG

Served with French fries or baked potato and fresh vegetables

## DELUXE HAMBURGER

Ground sirloin beef patty with choice of cheddar or Swiss cheese and bacon, served on a Kaiser bun with French fries

## CHOICE OF SANDWICHES

Egg salad, tuna salad, ham and cheese, clubhouse served on choice of: whole wheat, white, multi-grain or rye bread

# AMICA

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SENIOR LIFESTYLES

# DESSERT CHOICES

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## FRESHLY BAKED COOKIES

Made from scratch in our kitchen

## FRESHLY BAKED PIE OF THE DAY

Ask your server for today's choice

## BREAD PUDDING

Served with a vanilla fruit sauce

## FRUIT SORBETS AND ICE CREAM

Ask for today's flavors

## ASSORTED FLAVORED JELL-O'S

## FRESH FRUIT SALAD

Diabetic Choices

COOKIES

ICE CREAMS

JELL-O'S

RICE PUDDING

# AMICA

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SENIOR LIFESTYLES